

Thyroid Uptake and Scan I-123 Uptake and Scan

Patient Information

What to expect at arrival:

Please arrive 30 minutes prior to the appointment. The first place to go after arriving is admissions. The physician's office should have provided a written order to the patient. Please take the order to admissions for registration. After checking in, the next stop will be the Radiology desk. The exam should start quickly from the scheduled time. Since Northeast Georgia is a major medical center there are emergencies that could arise that might extend wait time. Please try to be patient and be assured that we will begin your procedure as quickly as possible.

What is I-123 Uptake and Scan?

An I-123 Uptake and Scan is a trace amount of radioactive iodine that is used to evaluate the thyroid gland for in physiological abnormalities. This would be comparable to the iodine that is in salt and is in no way close to a contrast.

Patient Prep:

Prior to the procedure the patient has to be off of all thyroid medication for 2 weeks. Please contact your physician before stopping any prescription medications. Many Beta Blockers and some heart medications can interfere with this exam for any questions please call the department to ask about medications that you currently take. The patient needs to be on a low iodine diet 2 days prior to the study and stay on the diet until the procedure is completed. The diet restricts the intake of any seafood, salty foods such as ham. Do not put any extra salt on food and avoid broccoli and romaine lettuce. **Please let the technologist know if there is any possibility that you may be pregnant.**

Your I-123 Uptake and Scan:

When you are brought to the Nuclear Medicine department, a technologist will verify the orders and patient identification. A technologist will ask a series of questions and explain the procedure. There will be an I-123 (radioactive iodine) capsule given by mouth with water.

Recovery/Home:

There are no restrictions after the exam. Continue normal activity. The radiologist will interpret the exam and send the results to your physician's office. For any questions call the Nuclear Medicine department 770-219-1349.



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Imaging Center Gainesville
770-219-8035

Imaging Center Braselton
770-848-6150

NGMC Main Campus
770-219-1300