

Respite Resources

Southern Companions

Main Office

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Gwinnett Office

Phone: (678)-997-3080.

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www.southerncompanions.net

Adult Caregiving Service that covers Dawsonville, Gainesville, Hall County and Gwinnett County. Costs vary. Call for free consultation and cost. Provide Long Term Senior Care (light housekeeping, transportation), Respite Senior Care (short-term or post-op light housekeeping to local transportation), Hourly and overnight Elder Caregiving Services, and Alzheimer's Care.

Also, offer **Peace of Mind Visits** (drop by and checking) and offer to:

- Prepare A Meal
- Pick-Up & Drop Off Prescriptions
- Remind to Take Medications
- Assist With Bathing
- Wake Up Or Get To Bed

Senior and Disabled Transportation offers rides for:

- Medical Appointments
- Social Outings
- Shopping and errands
- Airport Drop-Off and Pick-Up
- Hospital Pick-Up and/or Drop-Off

Care.com – www.care.com

Requires membership to contact caregivers. Caregiving services begin at \$10 per hour and increase based on need/complexity of care. Membership is \$39 for one month, \$19/month for 3 months, or \$13/month for 12 months.