Stroke 101

Northeast Georgia Medical Center
STROKE PROGRAM

About This Course

This course discusses stroke recognition and response/reaction.

After completing this course you will be able to:

✓ **RECOGNIZE** stroke symptoms
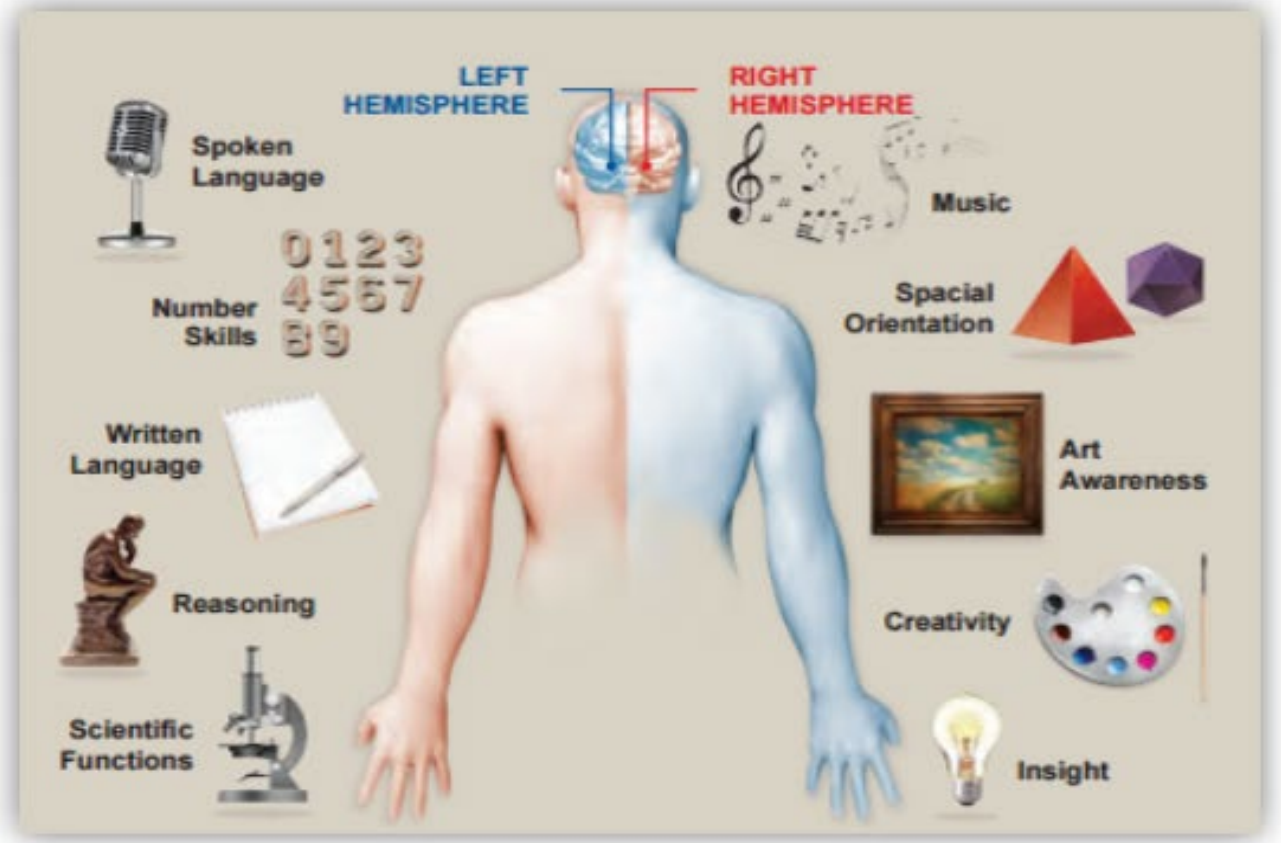✓ **RESPOND** at the first sign of stroke

What is Stroke?

A stroke is a "brain attack" that happens when blood flow to the brain is blocked or a blood vessel ruptures. When this happens brain cells are deprived of oxygen and begin to die. In turn, abilities controlled by that area of the brain are lost.

How Stroke Affects You

Long-term effects of stroke depend on what areas of the brain were impacted, and for how long.

BE FAST to Prevent Stroke Damage

The acronym BE FAST helps you remember that when a stroke strikes, seconds count, and recognizing the sudden onset of any of the following symptoms can save someone's life.
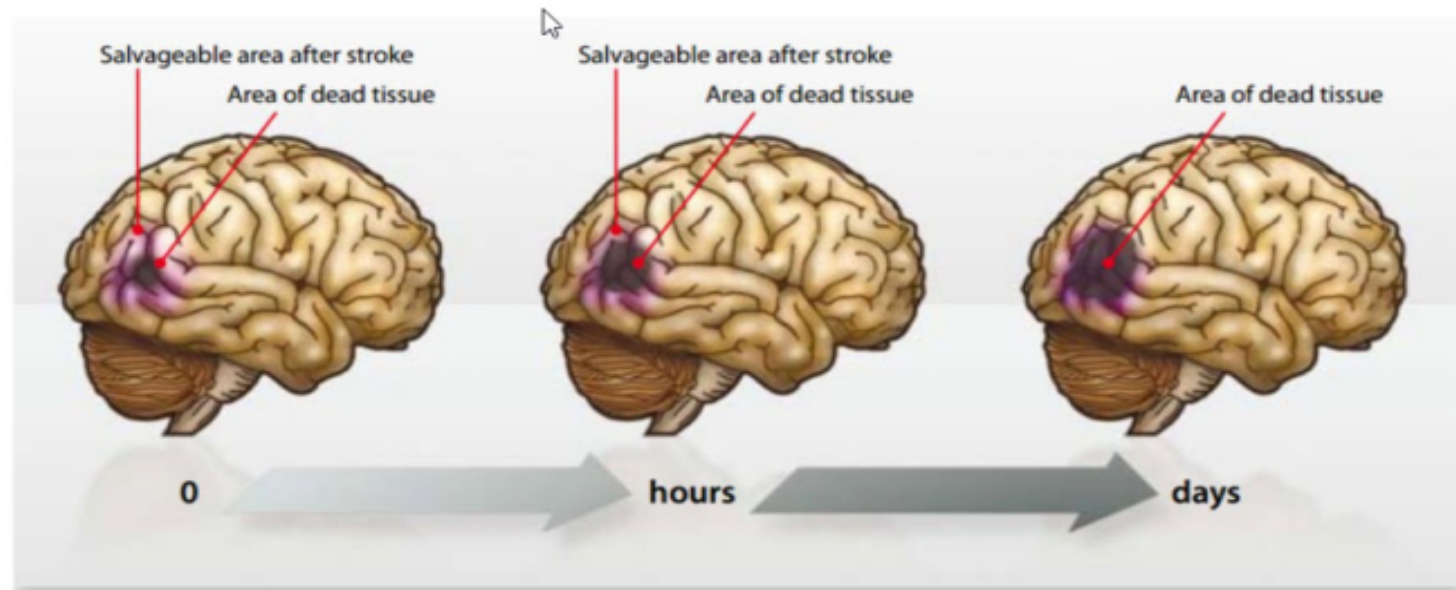
BE FAST and end stroke:

- At home or in the community: 9-1-1
- At work: Dial the emergency number

BALANCE
- LOSS OF BALANCE OR COORDINATION
- HEADACHE
- DIZZINESS

EYES
- BLURRED VISION
- LOSS OF VISION
- DOUBLE VISION

FACE
- ONE SIDE OF FACE IS DROOPING OR NUMB

ARMS
- ARM OR LEG WEAKNESS OR NUMBNESS

SPEECH
- SLURRED OR GARBLED SPEECH
- CONFUSION OR TROUBLE UNDERSTANDING

TIME
- TIME TO CALL FOR AN AMBULANCE IMMEDIATELY

Why BE FAST?

Why it is Critical to BE FAST...

- The sooner a stroke victim receives treatment, the better outcome they will have.

- Restoring blood flow can diminish the effects of stroke if treatment is administered quickly. Brain cells can be rescued before irreversible damage occurs.

- The sooner a stroke victim gets to the hospital, the sooner they'll get lifesaving treatment.

Braselton, Barrow, Habersham, and Lumpkin Inpatient Stroke Alert

New onset of BE FAST?

Call Rapid Response Team STAT

Does the patient have signs and symptoms that are suggestive of stroke?

Call Rapid Response Team STAT

What if it's not a stroke? But what if it is?!?

Call Rapid Response Team STAT

When stroke strikes minutes matter!

Gainesville Inpatient Stroke Alert

Call 94911 to activate the **Code Stroke Team** at the **Gainesville** **Campus**

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