

ADT RN

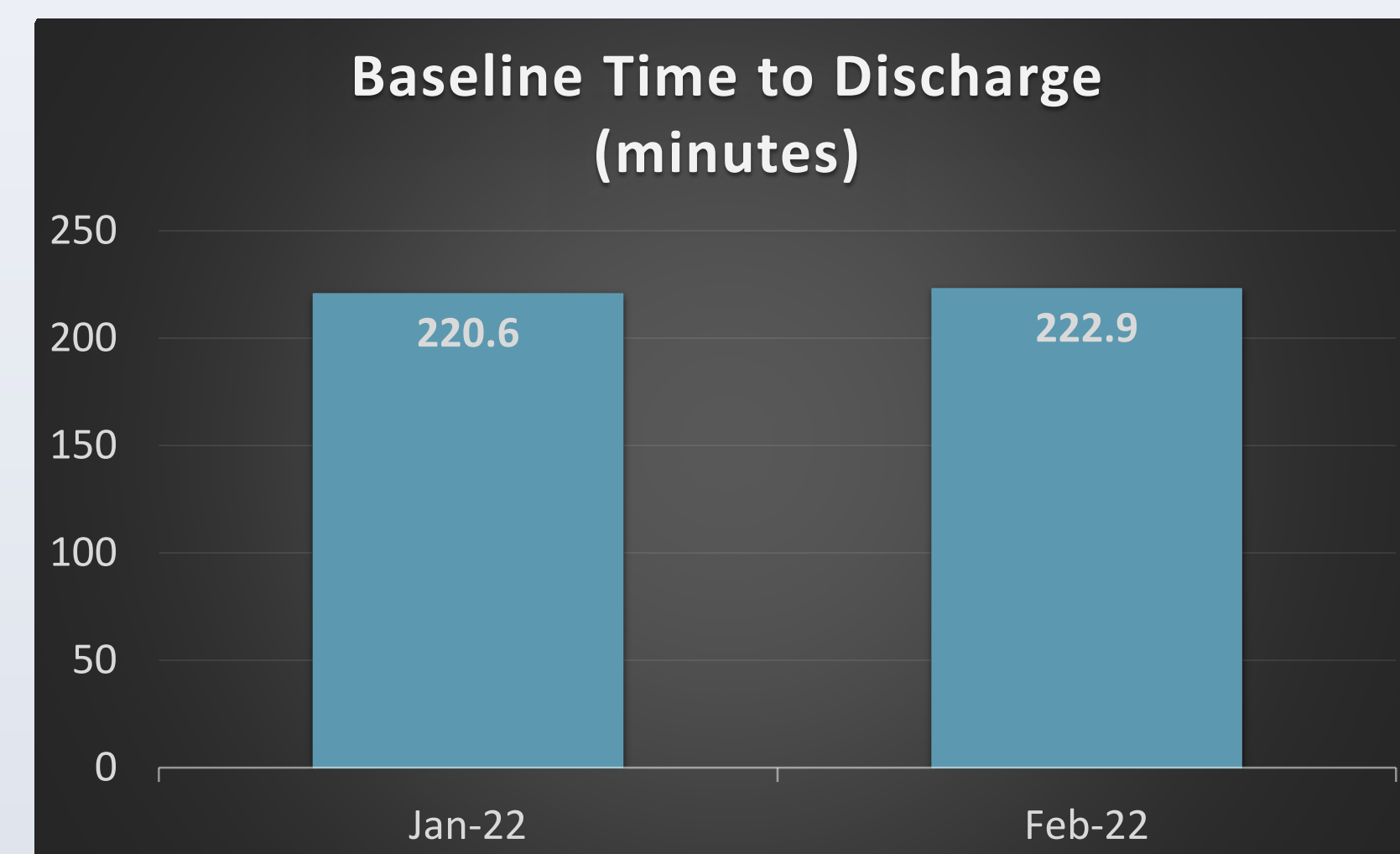
The Impact of a Dedicated ADT RN on Discharge Outcomes



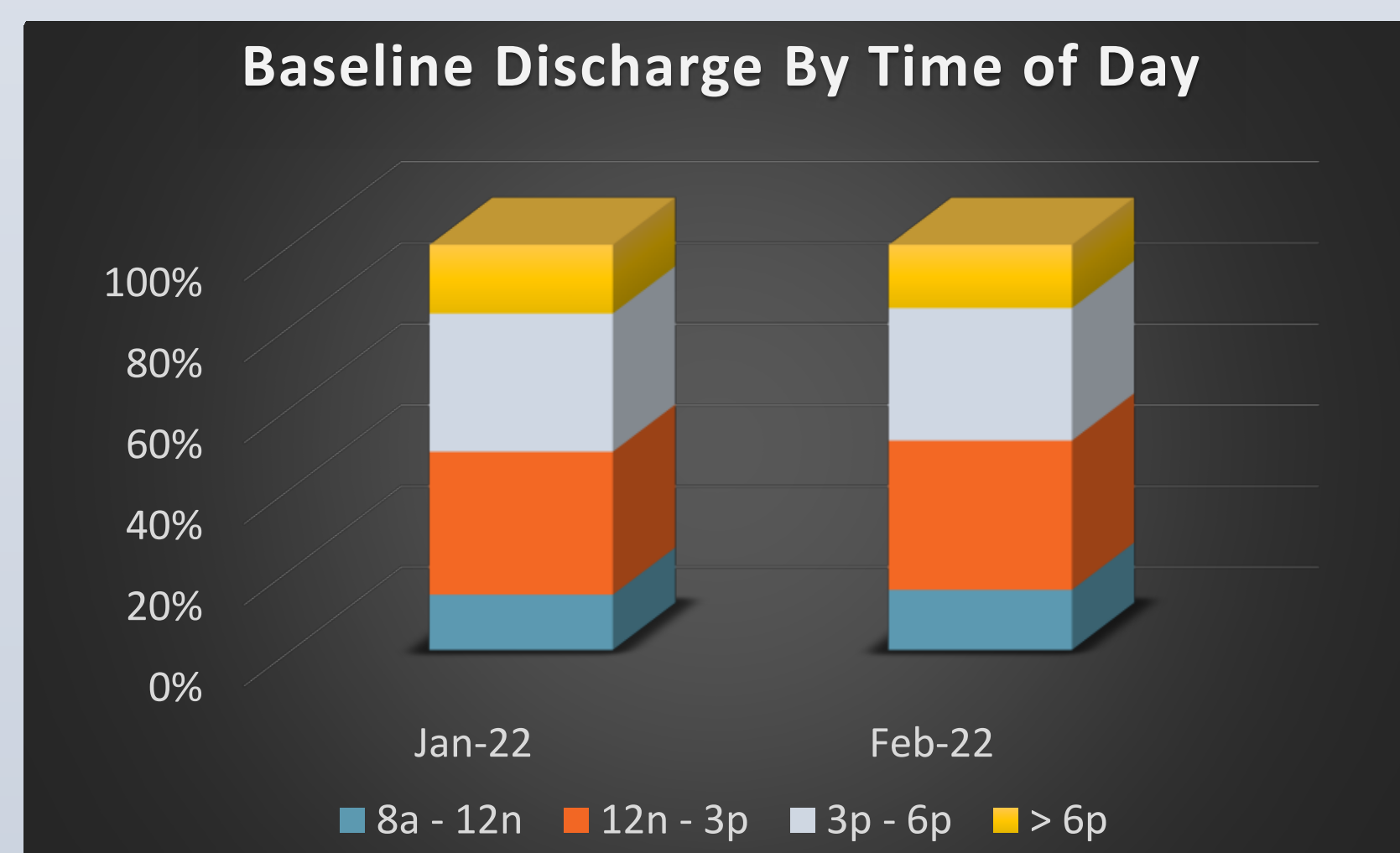
Northeast Georgia Health System

BACKGROUND/PURPOSE

- GMLOS & time from discharge order to discharge is longer than expected.



- Large percentage of discharges occur later than our anticipated admissions creating capacity mismatch.



- Early & quick discharge prioritization at the unit level conflicts with patient care priorities.

PILOT DESIGN

ADT RN Pilot (March 15, 2022 – present)

- NGMC - GSV
 - South Tower: S1B, S4D/E, S5D
 - North Tower: N4, N6 (ended 8/15)
 - PCCU: S3E
- NGMC – Braselton
 - Medical/Surgical: B4E/W (ended 6/30)

Pilot Goals

- Time to Discharge from Discharge Order ≤ 120 minutes

PILOT OBJECTIVES

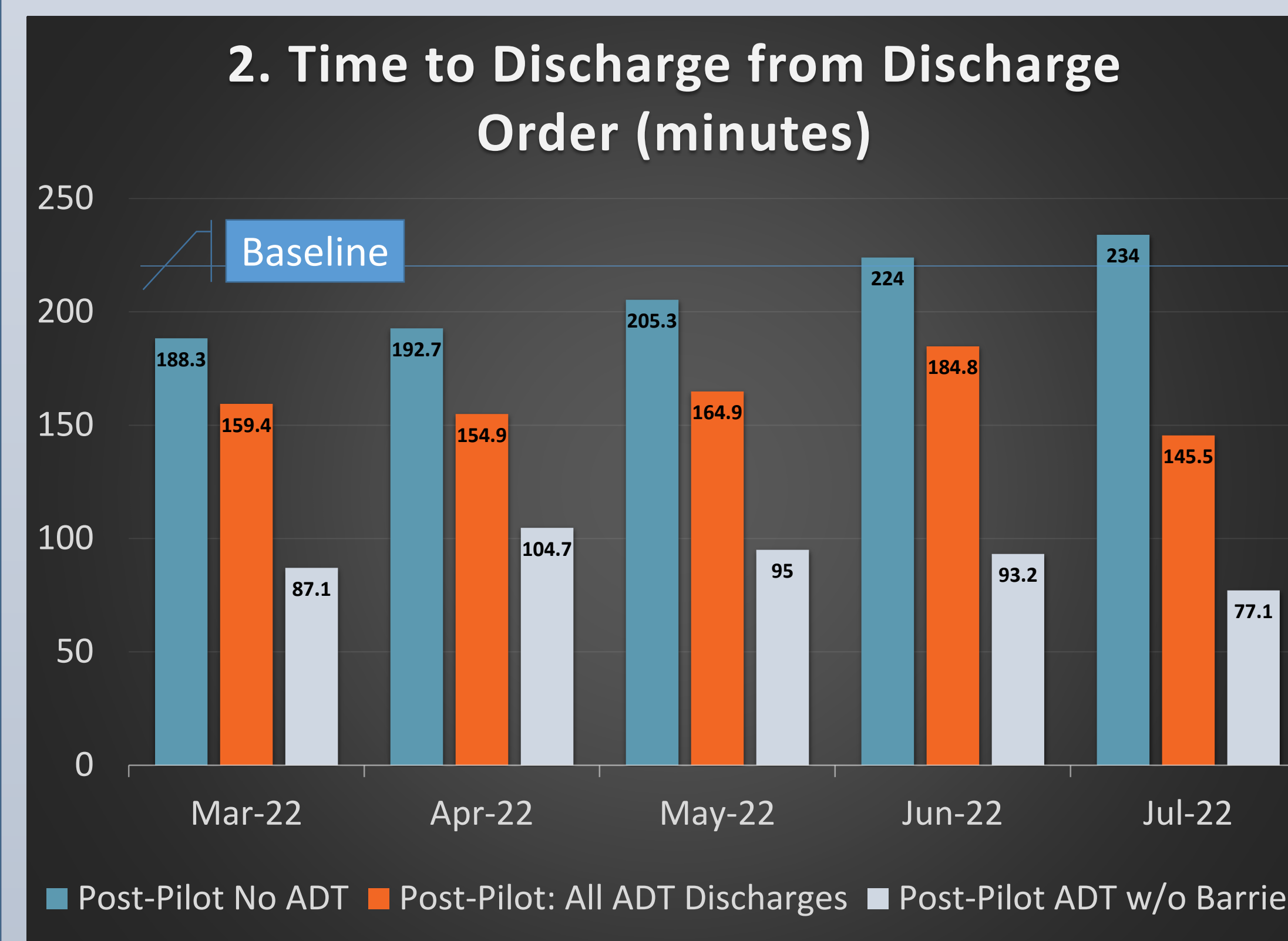
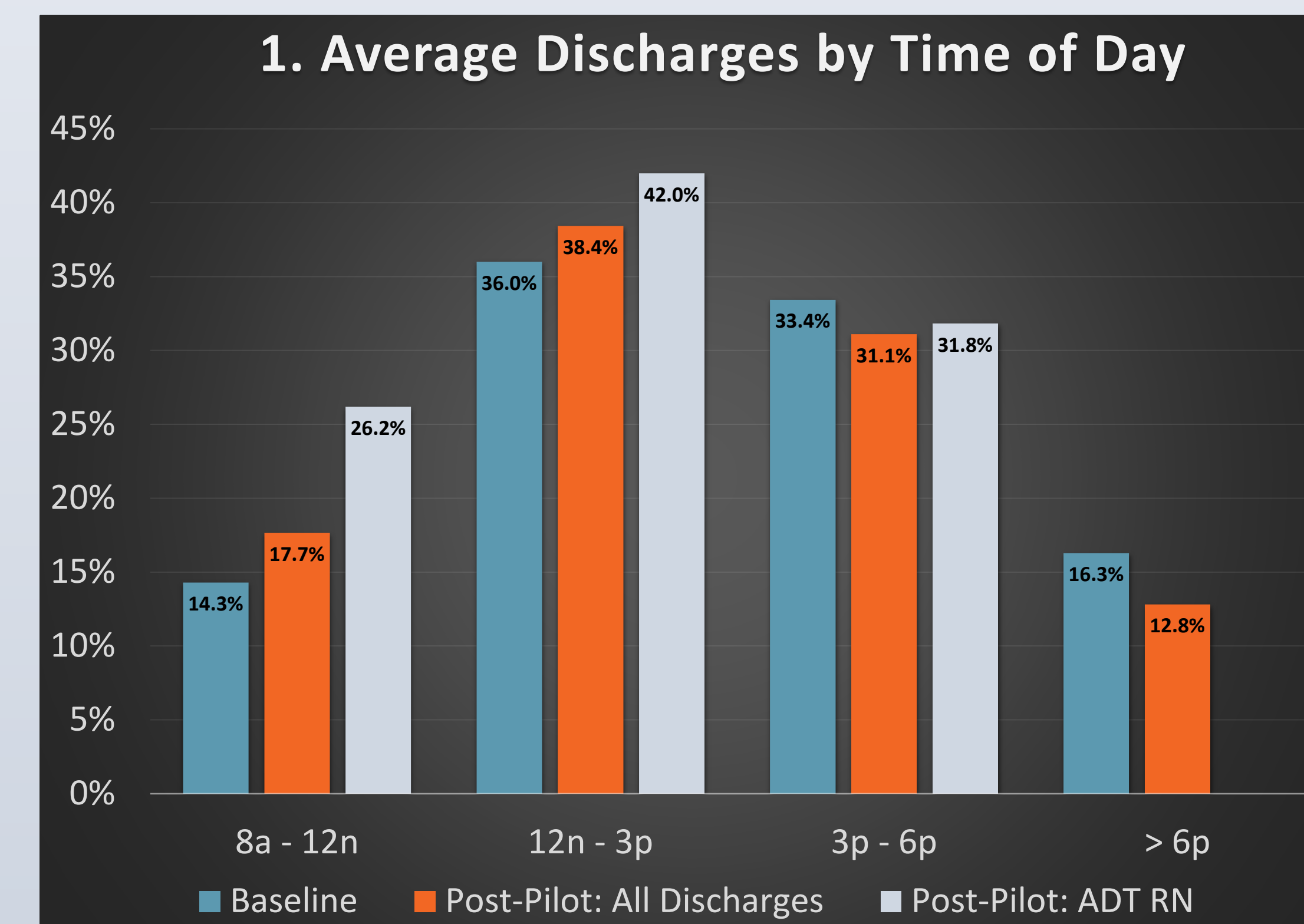
- Prioritize the Admission/Discharge process
 - Decrease Time to Discharge
 - Provide Thorough Discharge with Teach back
 - Increase Discharge Lounge Optimization
 - Standardize Discharge Workflow across Units and Care Sites
- Provide Last Touchpoint for Patient Experience



RESULTS

1. The ADT RN role did affect discharge by time of day.

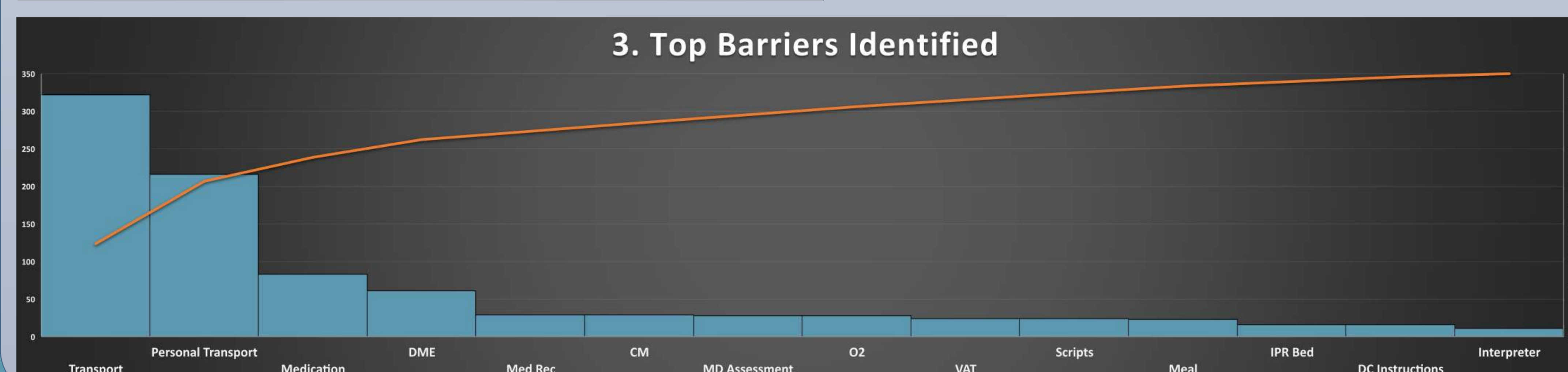
- 26% of discharges occurred before 12 noon as compared to 14% at baseline.
- In addition, the percentage of discharges between 12 noon and 3pm also increased from baseline of 36% to 42%.



2. The ADT RN role did affect how quickly patients were discharged after a discharge order was written.

- When barriers were not present, discharges far exceeded the 120-minute target with an average of 92 minutes.
- The time to discharge was also reduced from baseline from 221 minutes to 162 minutes on average.

3. Transport remains the largest opportunity in terms of discharge barriers.

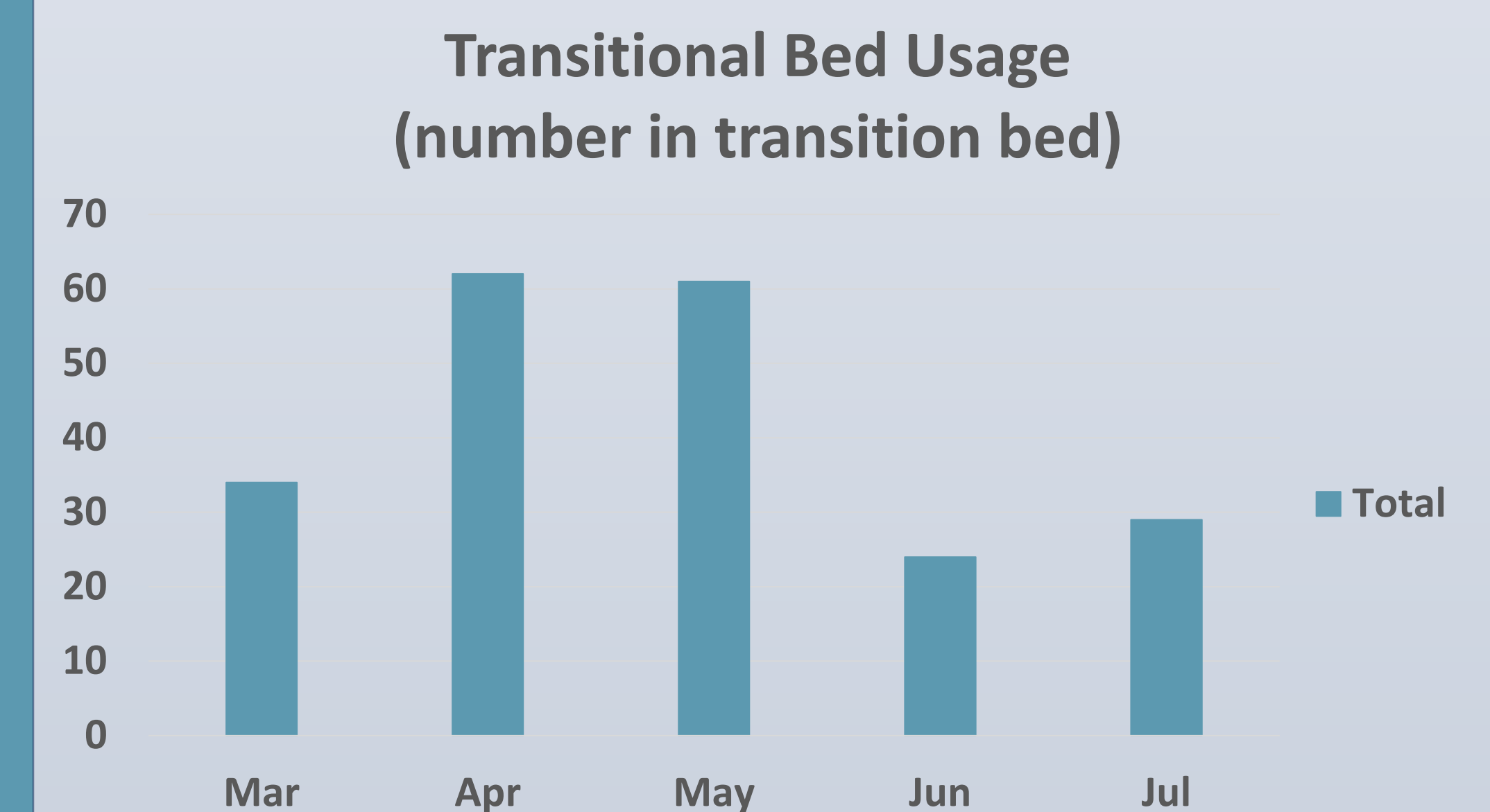


IMPLICATIONS

- Allows Unit-Based Care Staff to prioritize patient needs and safety in their department.
- Optimizes bed capacity to ensure our patients have a bed available at the right time in the preferred nursing unit.
- Ensures discharge/discharge teaching is standardized across units and care sites.

LESSONS LEARNED

- Criteria for Discharge Lounge Utilization Remains an Opportunity



- Cultural Influences around Discharge Responsibilities were Identified as An Ongoing Opportunity.
- The Importance of an Interdisciplinary Team Approach was Identified as Paramount for the Future.
- Information Technology Support in Epic was Identified as an Essential Component of the Process in the Future.

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