# The Impact of a Back-to-Basics Campaign To Improve Patient Outcomes Cheryl Bittel MSN, APRN, CCNS, NP-C, CCRN, Aprill Exley RN, Nicole Dunn BSN, RN Northeast Georgia Health System

## Problem and Background

After 3 years of the Covid-19 Pandemic nursing staff have learned to provide patient care, as time allows and the best they can. During the surges, nurses were taking care of more patients than ever before, and the patients were sicker. The incidences of Hospital Acquired Infections (HAI): (Catheter Associated Urinary Tract Infections (CAUTI), Central Line Associated Blood Stream Infection (CLABSI), Hospital Acquired Pressure Injuries (HAPI) and Ventilator Associated Pneumonia (VAP) increased, and patients have not rated their experience as highly as before the pandemic. Missed nursing care during the Covid-19 pandemic, is highlighted in numerous articles this past year. This organization experienced the same challenges, which were reflected in an increase in Hospital Acquired Infections and a decrease in patient satisfaction scores.

With a marked decline in the number of Covid patients seen in the hospital, there is a need to get back to the basics of nursing care.

## **Objective and Process**

The objective of this work is to create a Back-to-Basics campaign highlighting, daily, the areas of practice that can lead to better outcomes and patient care.

## Process

- Daily review of one topic at each, beginning of the shift, Huddle. One minute for each Huddle. Every Monday there is discussion about mouth care, every Tuesday skin/tissue, every Wednesday bathing, etc.
- There will be a binder at the Huddle board with all the content the leader will need to review a topic. Each, adult inpatient, nursing unit will have the same content and tools
- The Assistant Nurse Manager, from each unit, will be the consistent contact for any changes and communication
- The Hospital's Pillar focus are Safety, Service and Delivery



To evaluate whether the Back-to-Basics campaign can lead to better outcomes and patient care. The areas of practice are bathing, oral care, mobility, skin care, patient and visitor interactions and stopping the spread of infection.

## Daily Program

## **Daily Topics Performed Weekly**



## Tidy Up Thursday

Clean environment Wet Zone – Pictures of dirty.... What's wrong with this picture?

What gets clean and by whom daily and on patient discharge Tidy up at Two/Ten



### **Foley Friday**

Foley care, Foley bundle UA and Culture Process Removing catheters

Urine retention policy When to use urinary diversion device

## Study Purpose

## **Desired Outcomes**

Our desired outcomes to be studied at 6 months and 12 months post implementation:

- 1. Decrease in HAIs
- 2. Increase in patient satisfaction scores
- 3. Increase in staff knowledge and satisfaction scores

Does a structured campaign highlighting and emphasizing basic patient care for nursing staff decrease HAIs and improve patient satisfaction, while increasing staff knowledge about these practice areas?

CCRN, Aprill Exley RN, Nicole Dunn BSN, RN





## **Research Question**

## Team

Cheryl Bittel MSN, APRN, CCNS, NP-C,