

Virtual Head and Neck Cancer Screenings An Evidence-based Quality Improvement Project

Background

Early diagnosis of head and neck cancers are essential to successful treatment and increased survival. During the COVID-19 pandemic, many people avoided routine cancer screenings (American Cancer Society, 2021). According to the National Cancer Database, Northeast Georgia Medical Center has higher numbers of people diagnosed with late-stage head and neck cancers than early stages (NCDB, 2022). The PDSA quality tool was utilized to guide the project.

Plan

- Physician and support team members were identified
- Target populations defined
- Resources and funding secured
- Technology platforms identified
- Dates/times secured
- Event promotion, educational materials obtained
- Incentives acquired
- Participant follow-up plan determined
- 2021 screening with employee base for learning

Do

- Screening appointments were taken through web-based site in 2021.
- 2021 screening held on 5.12.2021 9am-12noon.
- 2022 screening held on 4.11.2022 9am-11am.
- Skype and Zoom virtual platforms utilized, one on one education provided during screening, and print materials and resources mailed/ handed to participants.

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Study

- 2021 13 participants, target population hospital employees, direct costs - \$162, Inkind hours - \$2,450, one follow up, Skype platform
 - 2022–8 participants target population lowincome, tobacco users receiving care in outpatient setting, direct costs - \$180, Inkind hours - \$1,550, no abnormalities, Zoom platform
- Participants and organizers had difficulties with both virtual platforms, the use of laptop with earphones was more effective, more time needed for screenings, target demographics reached.

Act

- For future screenings, the following improvements could be made:
- Explore additional virtual platforms
- Allow additional time between
 - appointments
 - Identify local employers for at-risk participants
- Seek partnerships with additional physician providers
- Pursue small grant funding to sustain incentives/provide stipends for participants

References

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