

COVID-19 QUARANTINE & ISOLATION DECISION GRID

What we know about COVID-19 is ever-evolving. And with the Omicron variant of the virus, that fact is no different. Based on what CDC knows and has recommended for the general public, the quarantine and isolation guidelines have changed for those who have tested positive for COVID-19 or been exposed to COVID-19. We hope this decision grid below helps you understand what to do.

Did you test positive for COVID-19?

YES

Regardless of your vaccination status:

- Stay home for 5 days.
- If you have no symptoms, or your symptoms are resolving after five days, you can leave your home.
- Continue to wear a mask around others for five additional days.

If you have a fever, continue to stay home until your fever resolves.

NO

Were you exposed to someone with COVID-19?

YES

Have you received your booster shot **or** completed the primary, two-dose series of the Pfizer or Moderna vaccine within the last six months **or** completed the primary, one-dose series of the J&J vaccine within the last two months?

YES

- Wear a mask around others for 10 days.
- Get tested for COVID-19 on day five, if possible.

If you develop symptoms, get a COVID-19 test and stay home.

NO

- Stay home for five days. After that, continue to wear a mask around others for five additional days.
- If you can't quarantine, you must wear a mask for 10 days.
- Get tested for COVID-19 on day five, if possible.

If you develop symptoms, get a COVID-19 test and stay home.



Northeast Georgia Health System
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