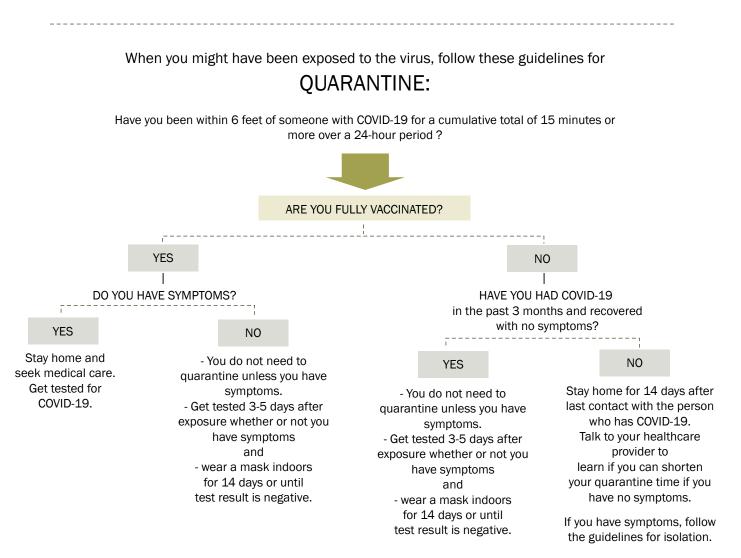
## COVID-19 QUARANTINE & ISOLATION DECISION GRID



## **ISOLATION - For Those Infected With COVID-19**

Isolation is used to separate people infected with COVID-19 from those who are not infected. Anyone sick or infected should separate from others, stay in a specific "sick room" or area, and use a separate bathroom (if available).

Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately. If possible, use a home pulse oximeter. (Available at local pharmacies.) Call the doctor if your blood oxygen level drops below 94%. Avoid contact with other members of the household and pets. Wear a mask when around others.

Don't share personal household items, like cups, towels, and utensils.

You may return to work after your symptoms have improved, it has been at least 10 days since your symptoms started and it has been at least 24 hours with no fever and no fever-reducing medication.



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