

Northeast Georgia Medical Center, Inc.™

Executive Summary NGMC FY16 Community Benefit Report

"Improving the health of our community in all we do."

Mission Statement

Northeast Georgia Medical Center (NGMC) values cooperative efforts with community organizations and other healthcare providers to improve the health status of area residents. NGMC demonstrates this through many partnerships ranging from serving as lead agency of the Safe Kids Coalition of Gainesville-Hall County, to partnering with other organizations such as Good News Clinics and the Public Health Department to reach at-risk populations in need of health care.

In FY16, over \$6 million was provided in community benefit programs/outreach. Community education was provided through free community lectures, various support groups and the semi-annual health magazine, *Communicare*. NGMC also offered several community education seminars in 2016 on topics ranging from health and nutrition to women's health education and more.

What Drives NGMC's Community Health Improvement Activities?

NGMC, with input from the community, completed a Community Health Needs Assessment (CHNA) in 2016. The assessment focused mainly on the needs of the community's most vulnerable populations, particularly those with low-incomes who are uninsured. Input from the community was gathered through focus groups and interviews. Focus group participants and interviewees included community leaders, public health experts, and those representing the needs of minority, underserved, and indigent populations. Input was also received from an internal NGMC board level workgroup and senior leadership who validated, refined, and expanded the list of health needs NGMC will address. The study culminated in the identification of the following 5 priority health needs across the region: Septicemia, Access to Care, Diabetes, Cancer, and Injury.

Go to www.nghs.com/community-benefit-library#chna for more information and full reports.

The following contains highlights of community benefit activities provided by NGMC in FY16, often partnering with other organizations and individuals in the community:

Partnering to Reach the Uninsured: NGMC works cooperatively with other area healthcare providers to care for all area residents, particularly the indigent population. Partners include, but are not limited to, NGMC, the Northeast Georgia Physicians Group (NGPG) Primary Care Clinic at Hall County Health Department, the Northeast Georgia Diagnostic Clinic, The Longstreet Clinic, Good News Clinics (indigent clinic), Medlink (federally qualified health center), as well as physicians.

Good News Clinics (GNC): NGMC provides funding to GNC that helps provide medications, medical supplies and other support for Good News Clinics – the largest free clinic in Georgia. Founded in 1992,

Good News Clinics is a Christian ministry that provides medical and dental care to the indigent and uninsured population at no charge. Forty-six physicians, 12 mid-level providers and 44 dentists volunteer to treat patients at Good News Clinics. In addition, 340 specialist physicians volunteer to treat patients in their offices through referrals from Good News Clinics, NGPG Primary Care Clinic at the Hall County Health Department and physicians in Hall County. In FY16, over \$500,000 was donated to help Good News Clinics provide care to indigent patients who were at or below 150% of the federal poverty guidelines and did not qualify for other programs.

Clinical professionals from NGMC staff a Congestive Heart Failure Clinic (CHF) at Good News Clinics (GNC), as well as a cardiology clinic. This project has been extremely successful, holding a 30-day hospital readmissions rate of zero in 2016.

Additional health screenings are provided to vulnerable populations at GNC such as prostate screenings. Other services provided include a seizure clinic, diabetes education and management, and there is a registered dietician on staff who helps patients with lifestyle modifications required for management of Heart Failure, Diabetes and weight loss.

NGPG Primary Care Clinic at the Hall County Health Department: NGMC funds and staffs a primary care clinic at the Hall County Health Department to improve access to primary healthcare services for low-income people in our community. **In FY16, NGMC contributed over \$1,000,000 to provide this clinic.**

Prenatal Care Program at the Health Department: NGMC partners with The Longstreet Clinic to improve birth outcomes by increasing early prenatal care for low-income, uninsured and under-insured pregnant women via the Health Department's primary care clinic. Yearly cost to NGMC is approximately **\$200,000**.

Indigent Patient Fund: At NGMC, financial assistance is provided for indigent patients to obtain urgently needed discharge medications and transportation. Individuals eligible for these funds are patients whose needs cannot be met through primary insurance, their own personal funds, government programs or other charitable services. This helps to ensure medication compliance and maximize conditions for recovery and recuperation. The Medical Center Foundation provides funding for this.

Charity Care: NGMC's charity care policy removes barriers for low-income populations within our service area beginning with free, medically necessary care for patients whose gross family income is 0 to 150% of the Federal Poverty Level (FPL) adjusted for family size. Further, patients from our service area, whose FPL is from 151 to 300%, may qualify for an adjustment equivalent to the hospital's Medicare reimbursement rate plus an additional 40% discount to the Medicare reimbursement rate.

Total Charity Care <u>Cost</u> for FY16: \$31 million \$17.2 million for Hall County; \$13.8 million for regional residents

NGMC Volunteers: In FY16, **722 NGMC volunteers** contributed **70,690 volunteer hours**, equivalent to **42 full time employees** and a **value of \$1.6 million to the organization**. While these figures are not included in the quantitative portion of the community benefit report, they show the depth of support the community gives NGMC. 138 teens participated in the Teen Volunteer Program in 2016. The teens represented 28 different schools within the area.

Encouraging Medical Volunteering: NGMC provides information at physician orientation to encourage physicians to step up to volunteer opportunities through local free clinics (Good News Clinics in Gainesville and Helping Hand Clinic in Cleveland) as well as Health Access. NGPG also encourages physicians to give of their time volunteering at these locations. Through various physician leadership councils, NGMC's Cancer Services Program encourages its physicians to actively participate in community outreach, including educational seminars, screenings, cancer prevention opportunities and other outreach with the purpose of improving patient care, quality, access and programmatic excellence of cancer services within the community.

Financial Navigators: NGMC has **financial assistance counselors who help patients become insured**, be it through **Medicaid**, **PeachCare** or other programs. This team focuses on being advocates for uninsured and under-insured patients, aiding them in finding viable means to access care. They find the best solutions for helping patients apply for Medicaid or disability, accessing healthcare exchanges or processing charity applications when appropriate.

Patient Navigators: NGMC also has a **cancer patient navigation program.** This program provides cancer patients with guidance throughout their cancer journey, and they are seen as a "living resource directory" for patients.

Partnering in the Community

NGMC is actively involved in Vision 2030 (www.Vision2030.org). This community-wide program is sponsored by the Greater Hall Chamber of Commerce and participation is open to everyone in the community. An **NGMC** employee currently chairs on the board of Vision 2030 which focuses on the creation of a culture of community wellness, the support and maintenance of lifelong learning, the building of an economy around emerging life sciences, the encouragement of innovative growth/infrastructure development, and the promotion of cultural integration.

NGMC is also an active partner on other chamber committees such as the **Healthcare Committee** and the **Health Initiative Consortium.** NGMC is also a partner in **HALLmark**, which is a community investment plan that addresses economic development, education, government and community development through partnership.

Members of NGMC's bariatric service line also serve on Hall County School System's Wellness Council.

An NGMC representative serves on Hall County Family Connection (HCFC). HCFC adopted Teen Pregnancy Prevention and community-wide resource mapping in partnership with United Way as its two focus areas for the next two years. Hall County Family Connection is a collaborative which serves as the local decision-making body, bringing community partners together to develop, implement and evaluate plans that address the serious challenges facing the children and families in our county. Its vision is that every child has the opportunity to reach his or her full potential for good health, be secure from abuse and neglect and become a literate, productive, economically self-sufficient member of our community. The mission of HCFC is to identify and monitor areas of community concern and to mobilize the community and its resources in a common effort to develop solutions.

The Medical Center Foundation (MCF) Raises Funds to Benefit the Community

The MCF is the fundraising arm of NGMC and raises funds to improve the health of the community. The Foundation's operating expenses are supported by NGMC so that donated funds can be used to support NGMC projects and community health improvement initiatives. Following are items of interest to note:

- Since 1997, approximately \$3.5 million has been raised for community health improvement projects through The Medical Center Open
- The 2015 Medical Center Open Golf Tournament raised \$281,881 for the Medical Association
 of Georgia Foundation's 'Think About It' Campaign, and 100 percent of proceeds will benefit the
 campaign's Project DAN (Deaths Avoided by Naloxone), which is designed to reduce widespread
 drug abuse and specifically reduce deaths from opioid overdose.
- Through the employee giving club known as W.A.T.C.H. (We Are Targeting Community Healthcare), members have donated more than \$7.8 million to support the Healthy Journey Campaign since the program's inception in 1999.

Investing in Our Youth

Safe Kids Coalition Works to Keep Kids Safe: The Gainesville-Hall County Safe Kids Coalition, led by NGMC, is part of Safe Kids Worldwide, the first and only national organization dedicated solely to the prevention of unintentional childhood injury, which is the nation's number one killer of children ages 14 and under. This program provides affordable safety equipment such as car seats, bike helmets, and life jackets to area children in need. Working with a coalition made up of law enforcement, area schools, community volunteers and others, Safe Kids provides educational materials and programs that teach children and their parents how to avoid accidents and injuries. Safe Kids continued the work of injury prevention for families in the Hall County community in 2016 thanks to the support of MCF and the *Healthy Journey Campaign*.

In FY16, members of the Gainesville-Hall County Safe Kids Coalition provided over 300 programs and events that reached an estimated **50,000 children and their family members, teachers and caregivers**. Through these programs, **over 5,000 safety devices were distributed** to families who were in need of them.

Education and Support for Seniors

Getting Older and Better Workshop: Over **300 people** participated in the **Getting Older and Better Workshop** held in September at both Gainesville and Braselton locations. This event was sponsored by The Medical Center Auxiliary, provided by NGMC and featured the topic, "Joint Health and Falls Prevention." Featured speakers were Gregory Woods, M.D., from Northeast Georgia Physicians Group, Jeffery Garrett, M.D. from The Longstreet Clinic, and Donna Lee, Outreach Coordinator from NGMC Trauma Services.

NGMC has provided a significant donation for a non-profit, volunteer run transportation program serving Hall County senior adults, called **iTNLanier**, which is being spearheaded by the Wisdom Project. The service provides personal, cost effective transport services to the elderly. iTNLanier is a pre-affiliate

of iTNAmerica, a national organization with 27 chapters providing thousands of rides daily to senior citizens.

Support of Community Efforts to Improve Health

NGMC employees are very active in the community, volunteering at Good News Clinics, in their churches on mission trips and for community agencies such as the Humane Society and Habitat for Humanity. When it comes to supporting MCF's employee giving club, W.A.T.C.H. (We Are Targeting Community Healthcare), over 3,400 employees donated about \$550,000 in 2016.

Relay for Life, American Heart Walk, and March for Babies: NGMC employees turned out in full force for community events such as the American Heart Walk, March of Dimes' WalkAmerica and American Cancer Society's Relay for Life, averaging participation of 200 employees per event.

Blood Drives: In FY16, NGMC hosted 25 drives, resulting in 437 donors and over 359 pints of blood.

Employees Lead the Way, United Way Pacesetter & More: NGHS employees **contributed over \$100,000** to United Way as a Pacesetter Company. Two NGMC employees serve on the United Way Board.

Training and Education for Healthcare Professionals: NGMC continues to serve as a "pipeline" to help get more qualified people interested in healthcare positions and help provide training and education to students. This training and education is done through a variety of avenues from job shadowing to the nurse extern program and pharmacy residency program as well as significant support to Foothills Area Health Education Centers.

NGMC Provides Health Information & Support: The Fraser Resource Center and Health Sciences Library at NGMC serves the health information needs of the community. The library is located on the Medical Center campus in Gainesville. Consumers, patients and their family members have access to credible resources relating to medical symptoms, conditions and treatments both at the library and also via links on NGMC's website (www.nghs.com/library). The Resource Center encourages visitors to make healthy choices and become active, informed partners in their health care.

In keeping with guidelines for community benefit reporting, NGMC did not include quantitative data on the following programs/projects, but they do meet health needs in the community identified via the 2016 (the most recent) Community Health Needs Assessment and warrant inclusion in this summary:

Patient-Centered Medical Neighborhood: Northeast Georgia Health System (NGHS) has been selected as one of 15 communities in the nation to establish a patient-centered medical neighborhood (PCMN) as part of a Centers for Medicare & Medicaid (CMS) Innovation Challenge Grant. The patient-centered medical neighborhood (PCMN) builds on the concept of a patient-centered medical home (PCMH) by connecting acute-care hospitals, specialty and sub-specialty practices and other community health resources with primary care providers in order to drive higher quality, provide more affordable care and ensure a positive patient experience. The first step in this three-year project was to build strong medical home practices. Partnering with Northeast Georgia Physicians Group (NGPG) and other community practices, this project is designed to provide more individualized care to patients. A medical home is a concept of care — not a building, a house or a hospital. The goal of the medical home model is to better

coordinate care through primary care practices with hospitals, medical specialties and other community health services to support a more fully-integrated approach to care. Being cared for in a Patient Centered Medical Home means NGPG's healthcare providers will work with patients to help understand their total healthcare needs and connect them with community and other resources to help meet their individualized needs. A partnership is developed between the patient, the personal primary care physician and other members of the healthcare team, and there is a key focus on encouraging patients to participate in their care.

SANE program: NGMC provides a SANE (Sexual Assault Nurse Examiner) program which provides nurses special training in rape crisis, trial time with a District Attorney and training with law enforcement and a pediatrician's office. NGMC employs nurses who have specialized training to complete the Sexual Assault Nurse Exam and provide specialized care for patients who are victims of sexual assault. This program is not a requirement of hospitals and is also not provided at all hospitals throughout the state.

Organization Overview

Northeast Georgia Health System (NGHS) is a not-for-profit community health system dedicated to improving the health and quality of life of the people of Northeast Georgia. Through the services of a medical staff of more than 600 physicians, the residents of northeast Georgia enjoy access to the state's finest and most comprehensive medical services.

The Health System offers a full range of healthcare services through Northeast Georgia Medical Center (NGMC) with two hospital campuses, one in Braselton and one in Gainesville. NGMC is rated among the top 10% in the nation, by CareChex. CareChex also recognizes NGMC as Georgia's #1 hospital for heart care, women's care and pulmonary care. NGMC also provides long term care through two centers in Gainesville and mental health and substance abuse treatment through a freestanding inpatient center.

The Health System's services extend throughout the Northeast Georgia region through urgent care centers, outpatient rehabilitation centers offering physical, speech and occupational therapy, a satellite cancer treatment center and several multi-specialty medical office buildings. Through Northeast Georgia Physicians Group, residents in Northeast Georgia have close access to primary care as well as a host of medical specialties through more than 250 providers at more than 50 locations.

Led by volunteer boards made up of community leaders, the Health System serves almost 800,000 people in more than 13 counties across Northeast Georgia. As a not-for-profit health system, all revenue generated above operating expenses is returned to the community through improved services and innovative programs. Northeast Georgia Medical Center's Charity Care Policy supports the provision of care for indigent patients, regardless of their ability to pay.

Special Notes

NGMC uses the precepts outlined in "A Guide for Planning and Reporting Community Benefit," provided by the Catholic Health Association of The United States and VHA, Inc. The guide's purpose is to help not-for-profit mission-driven healthcare organizations develop, enhance and report on their community benefit programs.

Community Benefit Definition: Program or activity must address a demonstrated community need, and seek to address at least one of the following community benefit objectives:

- improve access
- enhance population health
- advance generalizable knowledge
- relieve government burden to improve health

The program or activity must:

- primarily benefit the community rather than the organization
- result in measurable expense to the organization

If the program or activity is provided primarily for marketing purposes, standard practice, expected of all hospitals (such as activities required for accreditation, licensure, or to participate in Medicare) or is primarily for employees (not including interns, residents and fellows) and/or affiliated physicians, it is not community benefit.

For more information, contact Christy Moore, Manager, Community Health Improvement, at (770) 219-8097 or go to www.nghs.com.