

CT Scan without IV Contrast Patient Preps

Patients do not need to be NPO for non-contrast exams. They need to have only clear liquids 3 hours before the exam. They may take their medications. You may be given Oral Contrast even if your test is ordered **without** contrast. This will depend upon what area or condition your Doctor is looking for with your CT Scan. If he/she is looking for Diverticulitis, Colon, or Small Bowel abnormalities, oral contrast will be given. If he/she is looking for kidney stones or other renal disorders you will not be given Oral Contrast.

Oral Contrast Abdomen/Pelvis

You will need to drink 32 oz of oral contrast over 90 minutes. From the time you are finished we will need to wait 15 minutes prior to starting your exam. You will be asked to drink a small glass of contrast prior to the beginning of the exam. This allows the contrast to get all the way into your small intestine. You may use the restroom as needed.

Oral Contrast Abdomen

You will need to drink 32 oz of oral contrast over 60 minutes. From the time you are finished we will need to wait 15 minutes prior to starting your exam. You will be asked to drink a small glass of contrast prior to the beginning of the exam. This allows the contrast to get all the way into your small intestine. You may use the restroom as needed.

